

Northern  
Arizona  
Council of  
Governments

Area Agency on Aging



Volunteer Newsletter

Volume 1, Issue 1

June 2007

Mary Beals-Luedtka, AAA Director

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AAA Volunteer Banquet a  
Success!

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**Recruitment Notice:**

AAA is currently recruiting for **Ombudsman Volunteers in Show Low/ Pinetop** and **Medicare/ Benefits Volunteers in Page, AZ.**

Please refer people to:

Jacqita Bailey, Volunteer Coordinator, at Toll Free:

1-877-521-3500.

**Special points of interest:**

- Volunteer Banquet at La Posada a Success!
- The Value of a Volunteer's time— The US National Average is now **\$18.77/hour.**
- AAA Volunteer openings are posted at:

[www.VolunteerMatch.org](http://www.VolunteerMatch.org)

The Northern Arizona Council of Government's Area Agency on Aging's Annual **Volunteer Banquet** was held in conjunction with **National Volunteer Week** (April 15-21, 2007) on April 19, 2007 at the historic railroad hotel, La Posada Resort, in Winslow, AZ. The event was held from 10am to 3pm and forty people attended to honor AAA Volunteers for their hundreds of hours of



**Barbara Bonney Ombudsman Volunteer, accepts her 15 year Service Award from Bob Nixon, Arizona DES Ombudsman Long Term Program Coordinator, at the Volunteer Banquet.**

volunteers donate their time and services for include the **Ombudsman, Family Caregiver, Legal Advocacy, and Medicare/ Benefits Programs.** Volunteers in attendance included: Lorraine Anderson, Gayle Pretty, Tom Moder, Edith Anda, Eileen Gnabasiak, Barbara Bonney, Nancy Boyer, Louise Bronson, Joyce Delaware, Idell Legendre, Suzanne Sartorius, Myrna Nebel, Bobbi Goode, Doyle Meredith, Dr. Leon King, Renee Wasson, and Diane Puckhaber. In addition, State of Arizona representatives presenting awards and honoring volunteers included **Bob Nixon**, Arizona DES Ombudsman

service to seniors in Navajo, Coconino, Apache, and Yavapai Counties.

The programs the AAA

## Volunteer Banquet (continued)

Long Term Care Coordinator; **Ada Leach**, Arizona State Health Insurance Program Director; and **Robin Jordan**, Arizona DES Elder Rights Unit Administrator.

**NACOG Executive Director, Ken Sweet**, also attended the Volunteer Banquet and spoke with each volunteer personally. Bob Nixon presented **Barbara Bonney** with a special plaque recognizing her **15 years of service** as an Ombudsman Volunteer and Title V worker in Yavapai County. In addition, Sue McCauley, AAA Elder Rights Unit Supervisor, honored Ms. Bonney's service to seniors in long term care facilities with a special gift from AAA for her home.

**Doyle Meredith** was named **Outstanding Volunteer of the Year** by the Area Agency on Aging. Jan Skaggs, of the Family Caregiver Program, presented Mr. Meredith with a plaque in appreciation of his many contributions throughout the year to NACOG's AAA Department.

The guest speaker for the event was **Mary Mackenzie** from the **Flagstaff Center for Compassionate Communication**. Her talk, entitled "*Staying on Track: Keys to Effective Communication*," was well received and provided great ideas on how to im-



NACOG Executive Director, Ken Sweet (center), speaks with AAA Volunteers, Nancy Boyer and Tom Moder at the AAA Volunteer Banquet.



Kristy Davidson, AAA Medicare/Benefits Counselor presents certificates to Medicare/Benefits Volunteers, Renee Wasson, Lorraine Anderson, Idell LeGendre, Joyce Delaware, and Edith Anda.

prove one's communication skills to achieve positive ends.

In addition, Northern Arizona businesses showed their support for the work AAA volunteers do by generously donating valuable gifts to award to volunteers in recognition of their many hours of service to seniors.

Some of the prizes donated included

overnight stays at the luxurious Alma de Sedona Bed and Breakfast, La Posada Resort, and Los Abrigados Resort. The value of donated, in-kind gifts totaled approximately \$2000 and shows how committed business owners in Northern Arizona are to their communities and the services AAA volunteers provide its citizens.

# Volunteer Banquet (continued)

The businesses that generously showed their support of AAA Volunteers, the AAA Volunteer Banquet and NACOG were:

## Flagstaff, Winslow & Williams

Macy's Coffeehouse/Bakery  
 Armadilla Waxworks  
 Buster's Restaurant  
 Bed Bath and Beyond  
 Campus Coffee Bean  
 Coco's Restaurant and Bakery  
 Dara Thai Restaurant  
 La Posada Hotel  
 Little America Hotel  
 Merry Maids  
 Wal-Mart Flagstaff  
 Harkins Theatres

## Sedona & Verde Valley

Alma de Sedona Bed and Breakfast Inn  
 Cucina Rustica & Dahl and Deluca Restaurants  
 Earth Wisdom Jeep Tours  
 Garlands Oak Creek Lodge  
 Los Abrigados Resort  
 New Frontiers Natural Foods Market  
 Oaxaca Restaurant  
 Out of Africa  
 Verde Canyon Railroad

## Prescott

Armadilla Waxworks  
 The Artful Eye  
 Mountain Christmas  
 Prescott Brewing Company  
 Golden Corral Restaurant

*Thank you to all the AAA Volunteers for making the Volunteer Banquet a success!*

**AAA Staff Changes**  
 As you probably know, Coordinators **Sheri Smith** (Legal Advocacy) and **Tom Chabin** (Ombudsman) are leaving us. Please wish them well and we will keep you posted when we know who their replacements are!

Success in life has nothing to do with what you gain in life or accomplish for yourself. It's what you do for others. - *Danny Thomas*

**Do you have suggestions or information you'd like to put in the AAA Volunteer Newsletter?**

Please contact or send info to:  
 Jacqita Bailey  
 Volunteer Coordinator  
 NACOG- AAA  
 119 E. Aspen Avenue  
 Flagstaff, AZ 86001  
 1-877-521-3500  
 jbailey@nacog.org  
 Thanks!

Please mark you calendars for 2008! Next year's **National Volunteer Week is April 27-May 3rd, 2008.** I'll get back to you as soon as the site and date have been selected.

Thank you to all who gave suggestions for next year's Volunteer Banquet location!



**Northern  
Arizona  
Council of  
Governments**

**Area Agency on Aging**

The mission of the NACOG Area Agency on Aging is to maximize independence and dignity for older persons in Northern Arizona through planning, developing, and implementing a comprehensive coordinated system of care and services. The AAA will advocate for the needs and rights of older citizens and support their families and caregivers.

**Volunteer jobs posted at:  
[www.VolunteerMatch.org](http://www.VolunteerMatch.org)**

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• Jacqita Bailey  
• Volunteer Coordinator  
• NACOG-Area Agency on Aging  
• 119 E. Aspen Avenue  
• Flagstaff, AZ 86001-5222  
• 2008  
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## The Value of Volunteer Time

**Independent Sector**, a leadership forum for charities, foundations, and corporate giving programs, recently announced their findings concerning the **value of Volunteer Time**.

Their research found that the 2006 national average estimate for the value of a volunteer hour in the United States has reached **an average of \$18.77 per hour**. Arizona came in at \$16.79 per hour with the District of Columbia being the highest at \$27.44 per hour.

Such an estimate helps acknowledge the millions of individuals who dedicate their time, talents, and energy to making a difference. Charitable organizations can use this estimate to quantify the enormous value volunteers provide.

Charitable organizations most frequently use the value of volunteer time for recognition events or communications to show the amount of community support an organization receives from its volunteers.



According to the Financial Accounting Standards Board, the

value of volunteer services can also be used on financial statements- including statements for internal and external purposes, grant proposals, and annual reports- only if a volunteer is performing a specialized skill for a nonprofit.

It is very difficult to put a dollar value on volunteer time. Volunteers provide many intangibles that cannot be easily quantified. For example, volunteers demonstrate the amount of support an organization has within a community, provide work for short periods of time, and provide support on a wide range of projects.

(Source: Independent Sector, [www.independentsector.org](http://www.independentsector.org))